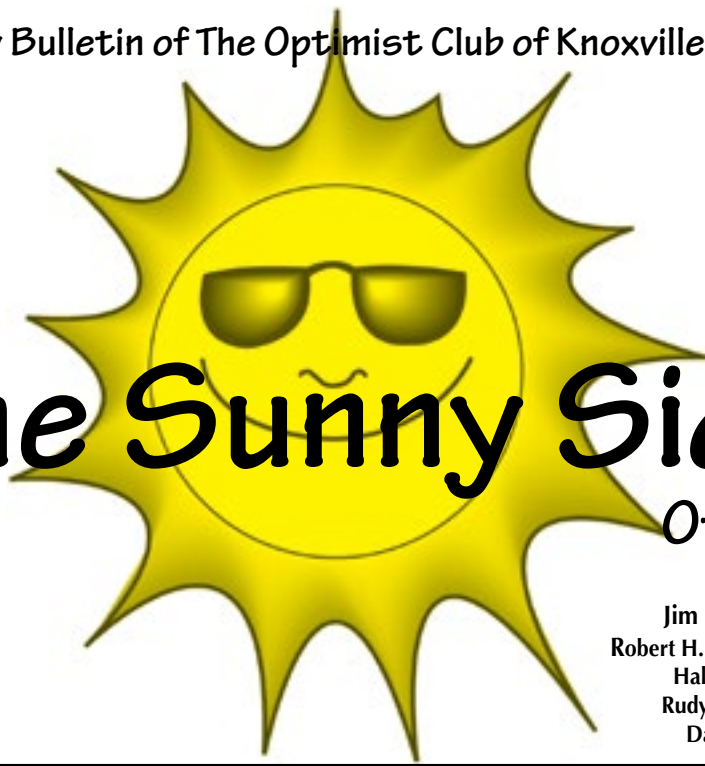


A Look At

# "The Sunny Side" Of Everything



**Jim Kondrasuk** - OI President  
**Robert H. Leonard** - OI Past President 1967  
**Hal Sewell** - OI Vice President  
**Rudy Corn** - GATeway Governor  
**David Harter** - Lt. Governor

Club Chartered 21 December 1920

Volume 97, Number 36

"Kids grow up with or without Optimism . . . The Choice is Yours."<sup>®</sup>

August 8, 2017



**DEBI  
TUGGLE  
UT MED  
CENTER  
NURSE**

## LAST WEEK

**FRIDAY 28 JULY 2017**

The Joy School of Music is the only community arts school of its kind in North America that is: 1. Independent 2. All free 3. Only music 4. All volunteer teachers. They provide free music lessons and instruments to children who could otherwise not afford them. It is a nonprofit organization providing free music lessons and instruments for disadvantaged, at-risk children. Their teachers are talented, dedicated volunteers from the music industry and the musical community. Students qualify for the program based on the same household income benchmarks as the Federal free/reduced lunch program.

We enjoyed the presentation of FRANCIS GRAFFEO, Executive Director of the Joy of Music School. We also enjoyed keyboard performances of the GALLUP twins. Here's what they had to say about the Joy of Music School: "We love and appreciate the Joy of Music School and our teachers, too!" Both won "SUPERIOR" ratings at the National Music Clubs Festival.

## THIS WEEK

**FRIDAY 11 AUGUST 2017**

Our program this Friday is "Stop the Bleed – Save a Life". Uncontrolled bleeding is the number one cause of preventable death from trauma. This Friday we welcome UT Medical Center Nurse DEBI TUGGLE

In many cases whether man-made or natural disasters, bystanders are in a position to provide initial response. They and minimally injured victims can act as rescuers and every bystander has a set of tools at all times to control hemorrhage: their hands. A person who

is bleeding can die from blood loss within five minutes, so it's important to stop bleeding quickly. Invite a friend meet TUGGLE and learn a skill that might save a life.

## NEXT WEEK

**FRIDAY 18 AUGUST 2017**

The Library of the Future!  
We welcome MARY POM CLAIBORNE, head of Marketing, Communications and Fund Development for Knox County Public Library (KCPL). MARY POM has initiated many of the KCPL large scale projects including the Children's Festival of Reading as a kick off celebration for Summer Library Club, The Big Read, Imagination Library, and Movies on Market Square. She is particularly proud of her work with the Library Foundation to fund the Papers to Pixels campaign, which provides digital access to the historic archive of the Knoxville News Sentinel. Her most recent project was to coordinate a multiday symposium with the University of Tennessee called Truth & Consequences: Navigating Facts, Filter Bubbles and Fake News. Ms. CLAIBORNE is a Knoxville native and she received her BA in English from Hollins University.

## PLAN AHEAD

**FRIDAY 25 AUGUST 2017**

Founder and CEO PAM WOLF of the Harmony Family Center closes out the month of August. Over the past 20 years, Harmony Family Center has helped every child they serve live their best life. Today their team of experts, innovative programs, and evidence-based solutions uniquely position them to serve children and families experiencing the challenges, stressors, and trauma of modern life

Harmony's work is making a significant impact. The challenges of drug abuse, violence, and poverty,



## Officers 2016-2017

President .....	Kathryn McCullough
President-Elect.....	Beth O'Brien
Vice President .....	Will Brewer
Vice President .....	Wayne Mulkey
Vice President .....	Brenda Staton
Secretary .....	David LaFratta
Treasurer .....	David Harter
Sergeant-At-Arms.....	Deno Cole, John Temple
Past President .....	Erin Favier
Director.....	Donna Buswell 2017
Director.....	Bob Gibson 2017
Director.....	Annie LaLonde 2017
Director.....	Darrin Rhines 2017
Director.....	Jim Adcock 2018
Director.....	Melanie Hogg 2018
Director.....	John Kerrigan 2018
Director.....	Joe Peterson 2018

### Henry Naff Trustees

Ricky Jackson 2017 • John Mays 2017  
Annie LaLonde 2018 • John Temple 2018  
Michael Cermak 2019

### COMMITTEE CHAIRS 2016-2017

American Hero of the Year.....	Michele Cox & Steve Fowler
Auction .....	David LaFratta & Brenda Staton
Angel Tree .....	Sharon Pound
Bulletin Editors .....	Buzz & Donna Buswell
Camp Eagle's Nest.....	Allen Collier
Cheese Sales.....	Gwin Harshaw
Childhood Cancer (OI) .....	
Christmas Dinner and Haslam Center Party for Boys & Girls Club.....	Lisa Huber
Dessert Auction .....	Jim Adcock
Dorothy Weber "YES" Award.....	Jim Adcock
Election .....	Erin Favier
Essay Contest (OI).....	Mac Prevost & Beth O'Brien
Finance Committee .....	Michael Cermak
Football Time in Tennessee .....	
Fountain City Christmas Parade .....	Bill Gentry
Golf Tournament.....	
Induction.....	Dan McGehee
Interclub Visitation.....	David Harter
Johnny Mauer Day.....	Bruce Duncan
Membership .....	
OI Foundation .....	Essie Johnson
Oratorical Contest (OI) .....	Erin Favier
Professional Development Program .....	Annie LaLonde
Photographer.....	Bob Freeman
Programs .....	Helen Hewitt, Don Lindsay, Sharon Pound
Public Relations - Marketing.....	Annie LaLonde
Respect For Law Day .....	Bob Gibson
Scrapbook .....	Beth O'Brien
Shoney's Kidcare ID .....	Annie LaLonde
Sportsmanship Trophy.....	Melanie Hogg
Socials.....	John Temple
TLC .....	Erin Favier
Tri-Star Sports(OI) .....	Frank Leuthold
Website Administrator .....	Kathryn McCullough
Youth Appreciation Week (OI) .....	John Meade



# OI FOUNDATION 2016-17

ESSIE JOHNSON will serve as our Club Foundation Representative for the Optimist Year. Please support the Optimist International Foundation "Our Charity". For just a 'dime-a-day' (\$36.50) you can join your fellow optimists listed below as Dime-A-Day Donors. See ESSIE for details

### DIME A DAY

BUZZ BUSWELL  
DONNA BUSWELL  
ALLEN COLLIER  
ROBERT FREEMAN  
GWIN HARSHAW  
DAVE HARTER  
NANCY HARTER  
HELEN HEWITT  
RICKY JACKSON  
ESSIE JOHNSON  
ANNIE LALONDE  
FRANK LEITHOLD  
JOHN MEADE  
DENNIS MCBRIDE  
DAN MCGEHEE

CAROLYN MONDAY  
BETH O'BRIEN  
SHARON POUND  
IKE SEWELL  
SAVANNAH STATON  
JOHN TEMPLE  
GLEN WEBER  
DAVID WITHERSPON  
JACQUELINE ZURAF  
TOM ZURAF

ROBERT FREEMAN  
DAVE HARTER  
NANCY HARTER  
ESSIE JOHNSON  
JOHN MAYS  
DENNIS MCBRIDE  
GLEN WEBER

### PRESIDENT'S CLUB

ALLEN COLLIER  
DAVE HARTER  
NANCY HARTER  
ESSIE JOHNSON  
DENNIS MCBRIDE

### CHRISTIAN D. LARSON PARTNERS

110. BUZZ BUSWELL  
142. PAUL H. HARBIN  
167. DONNA J. BUSWELL  
170. BOB LEONARD  
197. ESSIE JOHNSON  
291. DAVID C. HARTER  
376. MIKE RAGSDALE  
383. HARRY D. BRYAN  
462. MELINDA BASLER  
490. WILLIAM "EARL" WHITE  
506. ALLEN COLLIER  
528. JONIDA ROBINSON  
558. MARIE LEONARD  
605. JOHN W. MONTGOMERY  
628. ESTEL HAMILTON



### SPONSOR A NEW OPTIMIST 2016-17

BRENDAN CLARKE sponsored by DAN MCGEHEE  
LAUREN DEVORE sponsored by DAVID HARTER  
JACQUELINE ZURAF sponsored by BETH O'BRIEN  
SARAH SCHULZE sponsored by ANNIE LALONDE  
LONDON PYLE sponsored by DAN MCGEHEE  
ASHLEY BUTLER sponsored by KATHRYN MCCULLOUGH  
BARBARA BOLTON-BUDLONG sponsored by KATHRYN MCCULLOUGH  
TOM ZURAF sponsored by BETH O'BRIEN  
VEE EAMES sponsored by CHRIS COX

along with the related trauma, drain our state and community resources, and negatively impact our collective wellbeing. As they build awareness of the effects of trauma and increase the treatment of the children and families touched by it, they impact the health of communities across the state of Tennessee.

### FRIDAY 8 SEPTEMBER 2017

MARSHA SPENCE is an Associate Professor of Nutrition at the University of Tennessee. She joins us for a look at Childhood Obesity. Invite a friend to lunch at The Foundry and share your Optimism.

### FRIDAY 22 SEPTEMBER 2017

President KATHRYN McCULLOUGH recognizes the people who helped to make this another great year in the 97 year history of the Optimist Club of Knoxville.

### THURSDAY 28 SEPTEMBER 2017

The Annual Meeting of The Optimist Club of Knoxville, Inc. will be conducted in conjunction with the Installation of Officers and Directors at the Fox Den Country Club on Thursday 28 September 2017.

### FRIDAY 29 SEPTEMBER 2017 - NO MEETING

### PICS

Your club provides financial support to Camp Eagle's Nest, a camp for Oncology patients at East Tennessee Children's Hospital.

We also provide a night of fun in the form of "human sundaes" – more chocolate syrup in that hair-do! ALLEN COLLIER came up with the idea of a dunking booth and it has become a yearly favorite of young and old alike.

We enjoyed the presentation of FRANCIS GRAFFEO, Executive Director of the Joy of Music School. We also enjoyed keyboard performances of the GALLUP twins.

We appreciate WAYNE MULKEY stepping up to preside over the meeting last week and our Chairman of the Day was DAN MCGEHEE.

The Sunny Side is published weekly for the members of the Optimist Club of Knoxville. Your calls, letters and comments are welcome. Submit articles and photographs; their safe return is guaranteed:

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1101 Remington Road, Knoxville TN 37923  
604-4443 • 603-0094 evenings & weekends

Email: buzztoi@comcast.net  
Deadline: 5:00 pm Sunday prior to publication  
the following Monday

Photos by: Robert Freeman  
Reporter: Brenda Staton  
Publisher: Donna Buswell  
Circulation: Distribution to each member of the Optimist Club of Knoxville by First Class Mail on Monday of each week or electronically on Tuesday.





Social Chairman JOHN TEMPLE wishes to remind everyone that our next social will be held Tuesday 15 August 2017 beginning at 5:30 pm at K-Town Tavern, 320 North Peters Road, Knoxville, TN 37922



DAVID LaFRATTA says, "Get your tickets now!" The Annual Installation and Awards Banquet of the Optimist Club of Knoxville will be held at Fox Den Country Club on Thursday 28 September 2017. Tickets are \$30 per person. This annual meeting includes a riveting Treasurer's Report, the installation of Officers and Director for the coming 2017-2018 Optimist Year and the presentation of some key recognitions to include Optimist of the Year. Please do not miss this event.



According to DAVID HARTER, "It's Football Time in Tennessee". Raffle tickets have been issued to all members. A three dollar ticket will be someone's gateway to two season tickets to all of the University of Tennessee Football Vols home games. Sell tickets! More are available. Turn in money and ticket stubs by Friday 1 September 2017 when we will draw the lucky winner during our regular meeting.



There are less than 20 weeks before Christmas. Yes, that seems like a long time off, but at Angel Tree Headquarters things are already in gear. If you can type on your computer and have time you are willing to donate, SHARON POUND says there is a place for you in the ramp-up of The Angel Tree. Contact her to volunteer. Your club will serve as volunteers at The Wall That Heals, the half-size replica of The Vietnam Veterans Memorial that we learned about a couple of weeks ago. Our shift is Sunday 8 October 2017 from 8:00 am to Noon at Lynnhurst Cemetery 2300 West Adair Drive, Knoxville, TN 37918. Contact BETH O'BRIEN to sign-up. If you are not able to make that day and time but wish to help, go to [www.knoxwall.org](http://www.knoxwall.org), click on "How Can You Help" and send a message detailing your interest and availability.

# The Optimist Creed

- PROMISE YOURSELF . . .
- TO be so strong that nothing can disturb your peace of mind.
  - TO talk health, happiness and prosperity to every person you meet.
  - TO make all your friends feel that there is something in them.
  - TO look at the sunny side of everything and make your optimism come true.
  - TO think only of the best, to work only for the best and to expect only the best.
  - TO be just as enthusiastic about the success of others as you are about your own.
  - TO forget the mistakes of the past and press on to the greater achievements of the future.
  - TO wear a cheerful countenance at all times and give every living creature you meet a smile.
  - TO give so much time to the improvement of yourself that you have no time to criticize others.
  - TO be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.



**Optimist Mission Statement**  
 By providing hope and positive vision, Optimists bring out the best in youth, our communities and ourselves.