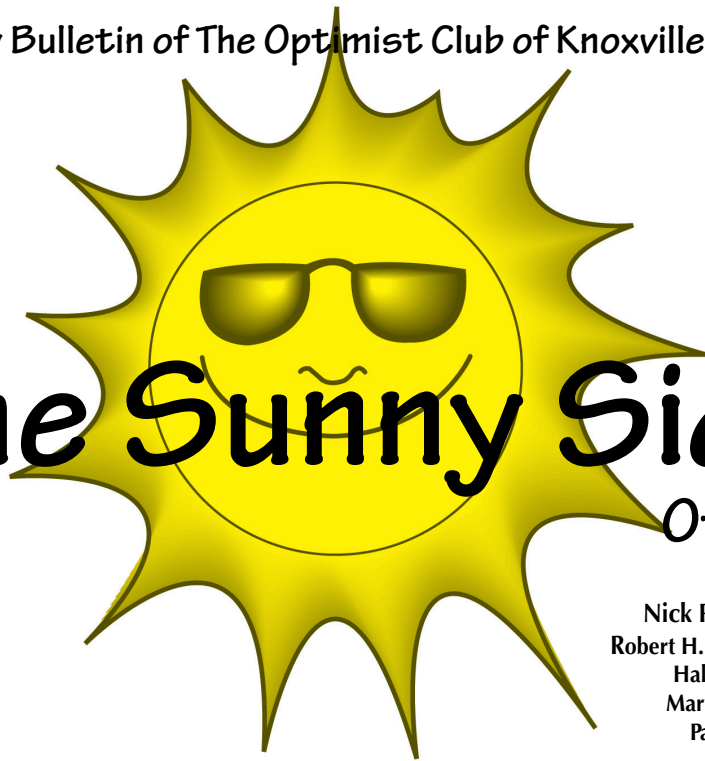


A Look At

"The Sunny Side" Of Everything



Nick Prillaman, Jr. - OI President
Robert H. Leonard - OI Past President 1967
Hal Sewell - OI Vice President
Mary Still - GATEway Governor
Paul Nichols- Lt. Governor

Club Chartered 21 December 1920

Volume 98, Number 17

"Kids grow up with or without Optimism . . . The Choice is Yours."[®]

March 6, 2018



CLIFF RODGERS

Knox County Election
Commission

LAST WEEK

FRIDAY 2 MARCH 2018

MANDIE BEELER, Program Director, Random Acts of Flowers (RAF) joined us last Friday. Random Acts of Flowers improves the emotional health and well-being of individuals in health care facilities by delivering recycled flowers, encouragement and personal moments of kindness.

Random Acts of Flowers makes real impact in communities around the country. Whether improving people's health and well-being through flower deliveries, or recycling flowers and vases that would have gone to the landfill, RAF work results in real and lasting change.

Random Acts of Flowers' mission is to bring moments of kindness in the form of a beautiful floral bouquet. Our recipients' joy is enough to justify our work, but these deliveries have also been clinically proven to have a positive effect on health and well-being.

A study conducted in early 2016 by the University of Tennessee Graduate School of Medicine confirms the positive impact that deliveries from Random Acts of Flowers have on the emotional wellness of medical patients. Almost 95% of respondents self-reported that the unexpected delivery from Random Acts of Flowers improved their overall emotional wellness, with 73.5% reporting "extreme improvement." 81.1% of respondents reported they had not received other gifts of flowers outside of the Random Acts of Flowers delivery. 11.3% of the sample said our volunteers were the only visitors they had during their hospital stay.

THIS WEEK

FRIDAY 9 MARCH 2018

CLIFF RODGERS, Knox County Election Commission joins us for a look at the election process. Early voting begins 11 April. Why not invite a guest and share your Optimism as we learn about elections. BUDDY

RIMMER offers the Invocation and leads the pledge to the flag.

NEXT WEEK

FRIDAY 16 MARCH 2018

Meg Mabbs and Bill Gooch love to dance and sing. They have taught and performed recreational Scandinavian and Balkan dance for over 30 years. Their dance research, study, teaching, performing and most of all, fun-seeking have carried them to many workshops and camps across the USA and in Denmark, Norway, and Sweden.

Meg is a founding director of Nordic Fiddles and Feet (2001), a week-long Swedish and Norwegian traditional music and dance camp for kids, families, and adults. She was particularly instrumental in developing the singing program for NFF. She is a retired piano teacher with outstanding music pedagogy training and experience who enjoys guiding individuals towards musical success. BILL is the author of "Glad I att Dansa", a book of nearly 200 traditional Swedish dance descriptions used as a resource for the Swedish dance community world-wide. GLEN WEBER offers the Invocation and leads the pledge to the flag.

PLAN AHEAD

MONDAY 19 MARCH 2018

You are invited to a meeting of all of the Optimist Clubs in Zone 13 to be held on Monday, March 19th from 6:30PM to 7:45PM in the Burlington Branch of the Knoxville County Public Library, 4614 Asheville Highway, Knoxville TN 37914. There is plenty of room for all. Snacks will be provided. Please take advantage of the opportunity to meet other club members and share your Optimism. Did we mention door prizes?

FRIDAY 23 MARCH 2018

Our annual club Oratorical Contest will take place during our regular Friday meeting at The Foundry. Please do what you can to arrive prior to 1215. To prevent distraction for



Officers 2017-2018

President Beth O'Brien
 President-Elect..... Chris Cox
 Vice President John Kerrigan
 Vice President Brenda Staton
 Secretary Tom Zuraf
 Treasurer David Harter
 Sergeant-At-Arms..... Jim Black
 Past President Kathryn McCullough
 Director Jim Adcock 2018
 Director Melanie Hogg 2018
 Director Joe Peterson 2018
 Director Vee Panagakos 2019
 Director Ben Goodson 2019
 Director Darrin Rhines 2019

Henry Naff Trustees

Annie LaLonde 2018 • John Temple 2018
 Michael Cermak 2019 • Al Stigall 2020 • John
 Mays 2020

COMMITTEE CHAIRS 2017-2018

American Hero of the Year..... Michele Cox &
 Steve Fowler
 Angel Tree Sharon Pound
 Bulletin Editors Buzz & Donna Buswell
 Camp Eagle's Nest..... Allen Collier
 Chaplain..... Wayne Mulkey
 Cheese Sales..... Gwin Harshaw & Glen Weber
 Christmas Dinner and Haslam Center Party
 for Boys & Girls Club..... Lisa Huber
 Dessert Auction Jim Adcock & Brenda Staton
 Dorothy Weber "YES" Award..... Jim Adcock &
 Annie LaLonde
 Election Chris Cox & Beth O'Brien
 Essay Contest (OI)..... Mac Prevost & Beth O'Brien
 Finance Committee Michael Cermak
 Football Time in TN Michael Cermak &
 Matt Armstrong
 Fountain City Christmas Parade..... Bill Gentry
 Fundraising..... David LaFratta & Don Lindsey
 Induction..... Dan McGehee
 Interclub Visitation..... David Harter
 Johnny Mauer Day.... Bruce Duncan & Britt Bowden
 Membership Dave Harter & Wayne Mulkey
 OI Foundation Essie Johnson
 Oratorical Contest (OI) Erin Favier &
 Vee Panagakos
 Professional Development Program ...Annie LaLonde
 Photographer..... Bob Freeman, Glen Weber,
 Beth O'Brien
 Programs Helen Hewitt,
 Don Lindsay, Sharon Pound
 Public Relations - Marketing..... Tom Zuraf &
 Don Lindsey
 Respect For Law Day Bob Gibson
 Shoney's Kidcare ID Annie LaLonde
 Social John Temple
 TLC Erin Favier
 Tri-Star Sports(OI) Frank Leuthold & John Kerrigan
 Website Administrator Kathryn McCullough



2017-18

DIME A DAY
 JIM ADCOCK
 CHRIS ALBRECHT
 RALPH ALEXANDER
 JIM BLACK
 JASEN BRADLEY
 BUZZ BUSWELL
 DONNA BUSWELL
 ALLEN COLLIER
 ERIN FAVIER
 BOB FREEMAN
 GWIN HARSHAW
 DAVID HARTER
 NANCY HARTER
 MELANIE HOGG
 ESSIE JOHNSON
 JOHN KERRIGAN
 MARIE LEONARD
 PATRICK LEONARD
 FRANK LEUTHOLD
 DENNIS MCBRIDE
 CAROLYN MONDAY
 BETH O'BRIEN
 SHARON POUND
 WILLIAM PRUITT
 H.W.RIMMER, JR
 JONIDA ROBINSON
 IKE SEWELL
 BRENDA STATON
 SAVANNAH STATON
 AL STIGALL
 GLEN WEBER
 JACQUELINE ZURAF
 THOMAS ZURAF

\$100.00 CLUB
 RALPH ALEXANDER
 ALLEN COLLIER
 BOB FREEMAN
 GWIN HARSHAW
 ESSIE JOHNSON
 DENNIS MCBRIDE
 BETH O'BRIEN
 JONIDA ROBINSON
 GLEN WEBER

\$250 PRESIDENT'S CLUB
 ALLEN COLLIER
 GWIN HARSHAW
 ESSIE JOHNSON
 DENNIS MCBRIDE
 BETH O'BRIEN
 JONIDA ROBINSON

CHRISTIAN D. LARSON PARTNERS
 110. BUZZ BUSWELL
 142. PAUL H. HARBIN
 167. DONNA J. BUSWELL
 170. BOB LEONARD
 197. ESSIE JOHNSON
 291. DAVID C. HARTER
 376. MIKE RAGSDALE
 383. HARRY D. BRYAN
 462. MELINDA BASLER
 490. WILLIAM "EARL" WHITE
 506. ALLEN COLLIER
 528. JONIDA ROBINSON
 558. MARIE LEONARD
 605. JOHN W. MONTGOMERY
 628. ESTEL HAMILTON

Contact ESSIE JOHNSON
 to make your donation for
 the 2017-18 year

**LET'S
 FILL THIS
 COLUMN!**

The Sunny Side is published weekly for the members of the Optimist Club of Knoxville. Your calls, letters and comments are welcome. Submit articles and photographs; their safe return is guaranteed:
 The Sunny Side • Editors Buzz & Donna Buswell
 1101 Remington Road, Knoxville TN 37923
 604-4443 • 603-0094 evenings & weekends
 Email: buzztof@comcast.net
 Deadline: 5:00 pm Sunday prior to publication
 the following Monday
 Reporter: Robert Freeman, Glen Weber
 Publisher: Brenda Staton
 Distribution to each member of the
 Optimist Club of Knoxville by First Class Mail
 Monday of each week or electronically on Tuesday.

SPONSOR A NEW OPTIMIST 2017-18

SHELBY VIGNES sponsored by KATHRYN MCCULLOUGH
 KELLY PRATT sponsored by SHARON POUND
 TIFFANY SHERRILL sponsored by HELEN HEWITT
 CHRIS ALBRECHT sponsored by BUZZ BUSWELL
 DELORES MABINS sponsored by CHRIS COX
 SHERI LEONARD sponsored by PATRICK LEONARD
 DENTON KERRIGAN sponsored by JOHN KERRIGAN

the contestants, the audience will remain seated during each speech. There will be a brief break between speakers – your opportunity to get that dessert.

A 'Girl's Contest' and a 'Boy's Contest' will yield a boy and girl winner to advance to the Region D contest to be conducted at Sherrill Hills Resort Retirement Community, 271 Moss Grove Blvd, Knoxville, TN 37922 on Saturday 31 March 2018 beginning at 10:00 am.

TUESDAY 27 MARCH 2018

JOHN TEMPLE says the new Chesapeake's; 9630 Parkside Drive in West Knoxville is the site of our next social Tuesday 27 March 2018 beginning at 5:30pm. The site of last month's social, Chesapeake's received rave reviews from our members and their guests. Why not join us next month?

FRIDAY 30 MARCH 2018 – NO MEETING

We will not meet on Good Friday.

FRIDAY 6 APRIL 2018

DOROTHY WEBER Y.E.S. Awards Program

WEDNESDAY 11 APRIL 2018

FLIGHT #26 HonorAir Knoxville. Veterans on this flight return to McGEE TYSON airport to be greeted by members of our community. Plan to join the festivities by 7:00pm. Parking for reception volunteers is free.

FRIDAY 13 APRIL 2018

"The Artful Dodger", CONDREDGE HOLLOWAY JR, former quarterback for the University of Tennessee joins us for lunch.

SHONEY'S KidCare™ Photo ID

SAVE THE DATE

Please "Save the Dates" for 2018 for our wonderful Optimist Club members and their families who volunteer to help with Shoney's KidCare Photo ID program. More details to follow!

- Saturday, August 4, 2018 at West Town Mall from 11:00am-5:00pm
- Sunday, August 5, 2018 at Foothills Mall from 12:00-6:00pm
- Wednesday, August 8, 2018 at The Knoxville Expo Center from 3:00-6:00pm for County Mayor TIM BURCHETT'S Back to School Bash

ORATORICAL CONTEST 2018

"Where Are My Roots of Optimism?" is the topic assigned by Optimist International. President BETH O'BRIEN and our Club Oratorical Contest Chairman ERIN FAVIER share the following Opportunities for Involvement (OI).

Our Club Contest will take place at our regular Friday meeting March 23rd at 12 noon.

Winners from our club will join winners from other clubs in East Tennessee for the GATEway District, Optimist International Region D Oratorical Contest to be conducted at Sherrill Hills Resort Retirement Community, 271 Moss Grove Blvd, Knoxville, TN 37922 on Saturday 31 March 2018 beginning at 10:00 am.

Region winners will gather at GATEway District, Optimist International Oratorical Contest on Saturday 28 April 2018 at the Courtyard by Marriott Rome, 300 West 3rd Street, Rome Georgia.

You are invited to attend any or all of these oratorical contest events.



PICS

DAN McGEHEE installed DENTON KERRIGAN last Friday. DENTON is sponsored by her husband JOHN.



MANDIE BEELER received our appreciation, a copy of The Optimist Creed and an Invitation to join our club from President BETH.

Speaking of "new" car, BETH paid a happy dollar for new wheels and NATALIE's return home for Spring Break!



NOEL GILBREATH was very happy about our February Social at Chesapeake's West. He says "be sure to join JOHN TEMPLE there for the March Social on Tuesday the 27th!"

BRENDA STATON has been concerned over reorganization at Coca-Cola. Her happy dollar is because she was untouched by the shake up (though some very good employees were less fortunate).

BUDDY RIMMER and PATSY are celebrating 50 years of wedded bliss. Congratulations you two.

NOEL GILBREATH served as Chairman of the Day introducing our speaker MADIE BEELER with Random Acts of Flowers.

REBECCA SEWELL had a "Happy Dollar" for the best of all reasons - she is "just happy". We are all like her - we can choose to be happy or not!

CHRIS COX had four guests with him including CLAUDIA LOWD, her daughter and her boyfriend and CHRIS'S niece CERULEAN COX, a student at ETSU.

DELORIS MABINS had a happy dollar because she was able to face a commonly held fear of getting up in front of a room full of people and speaking. She did a great job of facing and overcoming her apprehensions.

DAN McGEHEE was happy because so many members and their guests came out to volunteer at the FISH Hospitality Food Pantry.

BRENDA STATON stood in for DAN GREEN last Friday to promote a trip to Keeneland in Lexington, Kentucky to raise funds for our Optimist Club. Organizer DAN GREEN says it is a day trip to the races on Sunday 22 April 2018. For \$99 you receive admission to



HAPPY DOLLARS



Keeneland, travel via luxurious Gentry coach, snacks, wine, beer and great fellowship. Bus leaves Land Oak offices in West Knoxville at 8:30am and returns to the same location 9:00-10:00pm the same day. Contact DAN GREEN (865) 567-2420 or dan(at)dangreenrealtor(dot)com

Club Optimist International Foundation Representative ESSIE JOHNSON has a suggestion. If you have already given a Dime -A-Day for this Optimist Year, consider donating in the name of a fellow Optimist that can't be with us on Friday. She made a donation on behalf of JOHN W. MONTGOMERY. A member of this Optimist Club since October, 1960 when JOHN E. MONTGOMERY became President of the club, JOHN has experienced health issues that keep him from being physically present on Fridays. ESSIE'S thoughtful suggestion is a great reminder of the positive influence this second generation Optimist and Past President (1968) has had on this club.



PROMISE YOURSELF . . . TO be so strong that nothing can disturb your peace of mind.

TO talk health, happiness and prosperity to every person you meet.

TO make all your friends feel that there is something in them.

TO look at the sunny side of everything and make your optimism come true.

TO think only of the best, to work only for the best and to expect only the best.

TO be just as enthusiastic about the success of others as you are about your own.

TO forget the mistakes of the past and press on to the greater achievements of the future.

TO wear a cheerful countenance at all times and give every living creature you meet a smile.

TO give so much time to the improvement of yourself that you have no time to criticize others.

TO be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

Christian D. Larson



Optimist Mission Statement

By providing hope and positive vision, Optimists bring out the best in youth, our communities and ourselves.



OUR WEBSITE:

www.knoxoptimist.org

FACEBOOK:

www.facebook.com/OptimistClubofKnoxville