

Volume 102, Number 11

"Kids grow up with or without Optimism . . . The Choice is Yours."

April 5, 2022



LAST WEEK **FRIDAY** 1 APRIL 2022

Last Friday members of your Optimist Club met TRINA GALLMAN with Knoxville Utilities Board (K.U.B.). She is a community relations business analyst for K.U.B. where she has worked for more than 14 years.



She presented "TeenWork", a career readiness program, founded in 1995. The program assists high school juniors in learning the necessary skills to succeed in a workplace environment. TeenWork teaches students how to obtain employment, learn employer expectations, gain on-the-job skills, and acquire the confidence necessary to succeed.

TeenWork introduces students to the real world of work—giving them an opportunity to interview for a summer job with KUB and its business partners. Participants must attend planned meetings, sessions, and field trips. All are held one Saturday out of the month or on student holidays during the spring semester.



THIS WEEK FRIDAY 8 APRIL 2022

3D Printing Research at Oak Ridge National Laboratory.

We welcome AMY ELLIOTT who "caught the STEM bug" from FIRST Robotics, leading to her majoring in mechanical engineering at Tennessee Tech University, where she continued learning hands-on fabrication by building and racing student competition vehicles (Baja SAE and NASA Moonbuggy) and interning at various NASA centers. Because of AMY'S fabrication experience, she was cast on Discovery Channel's The Big Brain Theory, a reality show competition for engineers, where she placed 2nd out of 10 contestants.

AMY graduated with a PhD from Virginia Tech, where she was project lead for the world's first 3D printing vending machine, the DreamVendor. Amy is now an R&D staff member at Oak Ridge National Laboratory's Manufacturing Demonstration Facility where she meets with industry from across the nation to consult them on proper application of 3D printing technologies. She conducts research in the areas of inkjet-based metal and ceramic 3D printing and holds several patents. In her free time, AMY tinkers with hobby 3D printers and films as a science-personality for the Science Channel's Outrageous Acts of Science, explaining the engineering and science behind viral video clips.





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DIME A DAY

\$100.00 CLUB

\$250 PRESIDENT'S CLUB

CHRISTIAN D. LARSON PARTNERS

110. BUZZ BUSWELL 142. PAUL H. HARBIN 167. DONNA J. BUSWELL 170. BOB LEONARD 197. ESSIE IOHNSON 291. DAVID C. HARTER 376. MIKE RAGSDALE 383. HARRY D. BRYAN 462 MELINDA BASLER 490. WILLIAM "EARL" WHITE 506. ALLEN COLLIER 528. JONIDA ROBINSON 558. MARIE LEONARD 605. JOHN W. MONTGOMERY 628. ESTEL HAMILTON 704. BETH O'BRIEN 710. CHRIS COX 714. CINDY HAGAN

Contact ESSIE JOHNSON to make your donation for the 2021-2022 year

NEXT WEEK FRIDAY 15 APRIL 2022

Your Optimist Club will not meet on Good Friday. Enjoy the Easter holiday.



PLAN AHEAD

THURSDAY 21 APRIL 2022

10:00 A.M. at Berry Lynnhurst Cemetery, 2300 West Adair Drive in Fountain City, the Opening Ceremonies of The Wall That Heals, a ¾ scale replica of the Vietnam Veterans Memorial in Washington, D.C.

TWTH will be open and free to the public 24 hours a day until 2:00 PM Sunday 24 April 2022. Please plan to visit.

FRIDAY 22 April 2022

Researcher STEPHANIE TERMAATH has always had a head for physics.

As the University of Tennessee's Zeanah Faculty Fellow, she's involved in projects including developing composite patches for repairing the hulls of U.S. Navy ships while they're at sea; recycling water bottles into material for 3D printing; and designing a wing type for NASA that's 70 percent more fuel efficient.

But one project in particular also has her heart: building a better brain shunt.

In part, that's because TERMAATH, assistant professor of mechanical, aerospace and biomedical engineering for UT, knows firsthand how important it is brain shunts work correctly — and how often they fail.

She's had shunts for a decade now. Join fellow Optimists and STEPHANIE as she addresses Pediatric Hydrocephalus and Brain Shunts. Why not invite a friend to share your Optimism and a tasty Foundry lunch?

SUNDAY 24 April 2022

Your Optimist Club will serve as volunteers at The Wall That Heals. The 8:00 Am to 12:00 Noon shift could use your involvement. Contact President RHINES to volunteer.

FRIDAY 29 April 2022

We wrap up the month of April with ANNIE LaLONDE introducing the 2022 class of HENRY NAFF Scholarship recipients. You have paid capricious fines assessed arbitrarily but always in good humor knowing that there is a reason beyond a good laugh. Fund raised by Sergeant-at-Arms help fund this scholarship. Invite a friend to join you for lunch and learn about this year's recipients.



MICHAEL CLARK Boys and Girls Clubs of the TN Valley

EVERLY MANES

Girl Scout Council of the Southern Appalachians



DR. DON HENSON Interfaith Health Clinic

DICK RICHARDS

Susannah's House



OUR WEBSITE: www.knoxoptimist.org FACEBOOK: www.facebook.com/OptimistClubofKnoxville



Promise Yourself

- TO be so strong that nothing can disturb your peace of mind.
- TO talk health, happiness and prosperity to every person you meet.
- TO make all your friends feel that there is something in them.
- TO look at the sunny side of everything and make your optimism come true.
- TO think only of the best, to work only for the best and to expect only the best.
- TO be just as enthusiastic about the success of others as you are about your own.
- TO forget the mistakes of the past and press on to the greater achievements of the future.
- TO wear a cheerful countenance at all times and give every living creature you meet a smile.
- TO give so much time to the improvement of yourself that you have no time to criticize others.
- TO be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of

Christian D. Larson



Optimist Mission Statement

By providing hope and positive vision, Optimists bring out the best in youth, our communities and ourselves.