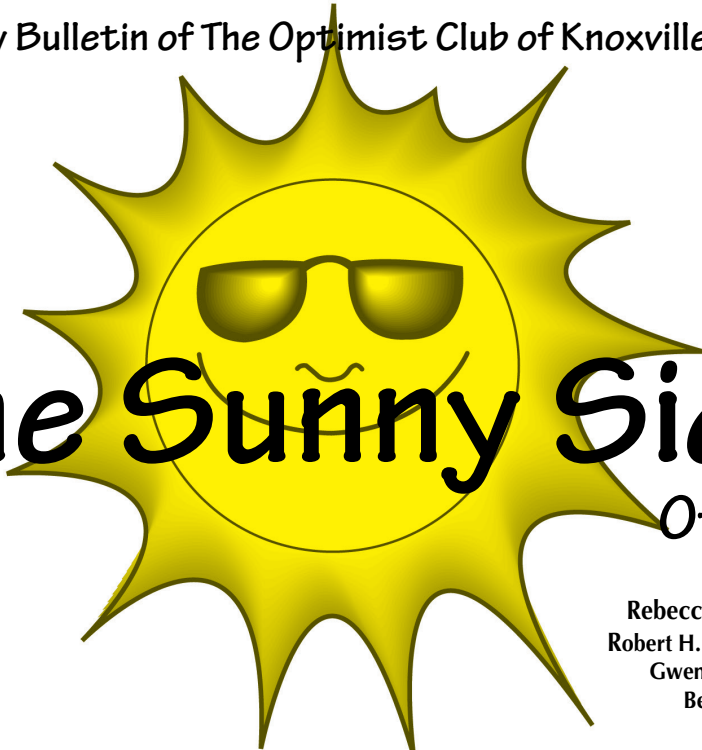


A Look At

"The Sunny Side" Of Everything



Rebecca Butler Mona - OI President
Robert H. Leonard - OI Past President 1967
Gwen Gable - GATEway Governor
Beth O'Brien - Lt. Governor

Club Chartered 21 December 1920

Volume 99, Number 28

"Kids grow up with or without Optimism . . . The Choice is Yours."®

July 30, 2019



WAY BACK

FRIDAY 12 JULY 2019

The Shangri La Therapeutic Academy of Riding (S.T.A.R.) Executive Director LYNN PETR joined us for a look at "Ride On". We appreciate LYNN taking time to tell us about the ever-expanding programs at S.T.A.R.

STAR serves children and adults from Anderson, Blount, Campbell, Fentress, Knox, Loudon, Jefferson, Monroe, McMinn, Roane, Sevier, and surrounding counties. They work with individuals starting at age four to seniors with physical, mental and neurological disabilities or those considered at-risk. In 2018, STAR served 249 individuals with a total of 4,715 hours of Equine Assisted activities.

MORE RECENTLY

FRIDAY 19 JULY 2019

Founder and CEO of HonorAir Knoxville, EDDIE MANNIS, joined us on the 19th. HonorAir Knoxville has conducted 28 Honor Flights taking WWII, Korean and Vietnam War Veterans on a free day trip to our nation's capital. Veterans visit the monuments and memorials built to honor their service and sacrifice. Over 3,600 area Veterans have made the trip over the last eleven years. Flight 29 departs the morning of Wednesday 2 October 2019. EDDIE announced that Flight 30 slated for April 202 will be a flight to honor women Veterans.

We appreciate EDDIE MANNIS taking time to brief us on HonorAir Knoxville. Our club has participated in several "Welcome Home" events with HonorAir Knoxville to include two "Virtual Flights" at Bridgewater Place.

LAST WEEK

FRIDAY 26 JULY 2019

Thanks to Dr. MIKKI ALLEN, Director of Athletics Development for Middle Tennessee at University of Tennessee for helping us get the BIG ORANGE wave started. MIKKI is optimistic that things are getting the way they should be with Coach FULMER, a man who knows the culture of Tennessee Athletics, at the helm. (VOL Navy lingo)

We are ALL VOL every Friday at Noon. Remember that! The first football game of the season matches the BIG ORANGE against Georgia State at 3:30 pm in NEYLAND Stadium. You do not have to suit up and play nor do you have to attend every game (though you are certainly welcome to do so) BUT you do have to do your part – WEAR ORANGE to our meetings – yes Socials too!

Like the team, we will practice. There are five meetings and a couple of Socials before the kickoff against Georgia State. Get in the habit. Wear orange – it's a fine idea!

SATURDAY 27 JULY & SUNDAY 28 JULY

& MONDAY 5 AUGUST 2019

ANNIE LaLONDE says, "Thanks to those who volunteered at West Town and Foothills Mall. Pictures next week.

SUNDAY 28 JULY 2019

Thirty-one years ago, your club began a relationship with Camp Eagles Nest, an overnight camp for oncology patients at East Tennessee Children's Hospital. The Optimist Club of West Knoxville also adopted the Camp by providing a cookout meal the evening of opening day. We continued that tradition with a cookout with hot dogs hamburgers on Sunday 28 July from 4-7 at the Wesley Woods location in Townsend. Thanks to all who came out and helped.

THIS WEEK

MONDAY 29 JULY 2019

Our involvement with Camp Eagles Nest, an overnight camp for oncology patients at East Tennessee Children's Hospital, began with shaving cream – in the old-fashioned cans that shot foam several feet. We ate dinner with the campers, then the "staff" made up of volunteers who were clinicians at Children's would innocently walk a wooded path to the bunkhouse only to be "ambushed" by the kids armed with shaving cream. It was a way for the kids to let off some energy and "get" the folks who had to stick them etc. at the hospital.

That has evolved into "messy games" where "human sundaes" are decorated with chocolate syrup and all manner of other toppings. A dunking booth, water slide and hose help to keep everyone entertained (and eventually rinsed off).

**TRACIE
HELLWINKEL
TREES KNOXVILLE**



Officers 2018-2019

President Chris Cox
 President-Elect..... Ben Goodson
 Vice President John Kerrigan
 Vice President Darrin Rhines
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 Treasurer David Harter
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 Past President Beth O'Brien
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 Director Kelly Pratt '20 2 Yr Term
 Director..... Melanie Hogg '20 2 Yr Term
 Director.....Chris Albrecht '19 1 Yr Term
 Director..... Jim Adcock '19 1 Yr Term
 Director.....Tom Zuraf '19 1 Yr Term

Henry Naff Trustees

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 John Mays 2020
 Annie LaLonde 2021 • John Temple 2021

COMMITTEE CHAIRS 2018-2019

Adopt-a-Mile.....
 American Hero of the Year..... Michele Cox &
 Steve Fowler
 Angel Tree Sharon Pound
 Bulletin Editors Buzz & Donna Buswell
 Camp Eagle's Nest..... Allen Collier & Dan Green
 Chaplain..... Jim Adcock
 Cheese Sales..... Gwin Harshaw & Glen Weber
 Childhood Cancer Chris Albrecht, Kelly Pratt
 Christmas Dinner and Haslam Center Party
 for Boys & Girls Club..... Lisa Huber
 Community Yard Sale..... Darrin Rhines &
 Vee Panagakos
 Dessert Auction Jim Adcock & Brenda Staton
 Dorothy Weber "YES" Award..... Jim Adcock &
 Annie LaLonde
 Election Ben Goodson
 Essay Contest (OI)..... Mac Prevost & Beth O'Brien
 Finance Committee Michael Cermak
 FISH Bradley Pruitt
 Football Time in TN
 Fountain City Christmas Parade..... Bill Gentry
 Freaky Friday
 Fundraising..... David LaFratta & Don Lindsey
 Induction..... Dan McGehee
 Interclub Visitation..... David Harter
 Johnny Mauer Day... Bruce Duncan & Britt Bowden
 Lawn Mower Safety Clinic.....
 Membership Dave Harter & Wayne Mulkey
 OI Foundation Essie Johnson
 Oratorical Contest (OI) Erin Favier
 Professional Development Program .. Annie LaLonde
 Photographer..... Bob Freeman
 Programs Helen Hewitt,
 Don Lindsey, Sharon Pound
 Public Relations Don Lindsey
 Respect For Law Day Bob Gibson
 Shoney's Kidcare ID Annie LaLonde
 Social John Temple
 TLC Erin Favier
 Tri-Star Sports(OI) Frank Leuthold & John Kerrigan
 Website Administrator Kathryn McCullough
 Youth Appreciation Week (OI) John Meade

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2018-19

DIME A DAY

CAROLYN BLIND
 DON BLIND
 BUZZ BUSWELL
 DONNA BUSWELL
 ALLEN COLLIER
 CHRIS COX
 DAN GREEN
 BOB FREEMAN
 BEN GOODSON
 CINDY HAGAN
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\$100.00 CLUB

ALLEN COLLIER
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 CINDY HAGAN
 ESSIE JOHNSON
 DENNIS MCBRIDE
 BETH O'BRIEN
 JONIDA ROBINSON
 GLEN WEBER

\$250 PRESIDENT'S CLUB

ALLEN COLLIER
 CHRIS COX
 BEN GOODSON
 CINDY HAGAN
 ESSIE JOHNSON
 DENNIS MCBRIDE
 BETH O'BRIEN
 JONIDA ROBINSON

CHRISTIAN D. LARSON PARTNERS

110. BUZZ BUSWELL
 142. PAUL H. HARBIN
 167. DONNA J. BUSWELL
 170. BOB LEONARD
 197. ESSIE JOHNSON
 291. DAVID C. HARTER
 376. MIKE RAGSDALE
 383. HARRY D. BRYAN
 462. MELINDA BASLER
 490. WILLIAM "EARL" WHITE
 506. ALLEN COLLIER
 528. JONIDA ROBINSON
 558. MARIE LEONARD
 605. JOHN W. MONTGOMERY
 628. ESTEL HAMILTON
 704. BETH O'BRIEN
 710. CHRIS COX
 714. CINDY HAGAN

Contact ESSIE JOHNSON
 to make your donation for the
 2018-19 year

SPONSOR A NEW OPTIMIST 2018-19

DAVID SCATES sponsored by MICHELE COX
 CHIP FLEEMAN sponsored by DAN MCGEHEE
 JOYCE TAYLOR sponsored by BUZZ BUSWELL
 ZACK KIPP sponsored by DAN MCGEHEE

WEDNESDAY 31 JULY 2019

Social Chairman JOHN TEMPLE announced that our July event will be held on Wednesday 31 July 2019 at West Hills Flats & Taps, 7403 Kingston Pike, Knoxville, TN 37919 beginning at 5:30 and ending whenever everyone decides to move along. Join JOHN and friends at this casual, convivial hangout with a patio. Flats & Taps features flatbreads & panini, plus craft beer on tap. Bring a friend and or prospective new member.

FRIDAY 2 AUGUST 2019

We welcome TRACIE HELLWINKEL with Trees Knoxville. The mission of Trees Knoxville is to preserve and increase the urban tree canopy on the private and public land of Knoxville and Knox County. The goal is to grow a vital and healthy urban forest.

Trees Knoxville grew out of the convergence of the shared community and the Knoxville Urban Forestry Division's interests in growing an urban canopy in Knoxville. A presentation to the Knoxville Tree Board in December 2014 led to the quick formation of a committee involving members of the tree board and several interest groups to assess the need for a tree foundation. The committee recommended that a nonprofit be formed to support the city and county's efforts to preserve and enhance the urban forest.

Officially formed in 2015, Trees Knoxville has modeled itself after other tree organizations found in cities across the nation. Trees Knoxville received 501(c) (3) status in March 2017 and has become a vital bridge between the citizens of Knox County and all activities involving trees across the county. Trees Knoxville works closely with the City's Urban Forestry Program to increase trees on public and private properties.

NEXT WEEK

MONDAY 5 AUGUST 2019

ANNIE LaLONDE says, "Thanks to those who volunteered at West Town and Foothills Mall. One event left for SHONEY'S KidCare Photo ID but it is a BIG ONE! Knox County Mayor GLENN JACOBS School Mania! Monday 5 August 3PM to 6PM, Jacob Building, 3301 Magnolia Avenue, Knoxville, TN 37914.

FRIDAY 9 AUGUST 2019

Just when you think you have it figured out; we change the rules. Next week, BUZZ serves as Chairman of the Day. He will introduce CHRIS ALBRECHT. The program? Wreaths Across America 2.0 Don't miss it!

PLAN AHEAD

FRIDAY 9 AUGUST 2019

We welcome KATY DAVIS with the Knox County Sheriff's Office. KATY is a Knoxville native, with a BS and MS Degrees in Education from the University of Tennessee. She currently serves as Education Coordinator, Special Services Unit. KATY has worked at the Sheriff's Office for over 28 years in crime prevention and injury prevention. She serves on the local Safe Kids Coalition Board.

OPTIMIST CLUB OF HEAVEN

CONNIE HEWITT, mother of HELEN, transferred her membership to the Optimist Club of Heaven on July 25, 2019. CONNIE had a genuine smile for every person she met way before October 1996 when she was introduced to The Optimist Creed and became a member of this club at the invitation of HELEN. We enjoyed her company and positive outlook. A life well lived for 96 years! We join HELEN in mourning her loss. Please keep HELEN in your knee mail.



CELEBRATE GOOD TIMES

AUGUST BIRTHDAY
 BOB FREEMAN 2nd

AUGUST ANNIVERSARY
 None this week

PICS

LYNN PETR, The Shangri La Therapeutic Academy of Riding (S.T.A.R.) Executive Director, joined us for a look at "Ride On".

BRADLEY PRUITT has two announcements: Our next volunteer opportunity will be Saturday 24 August. Sign up at the back table.

Football Time in Tennessee. Sell your tickets. Someone will win two season tickets to all the home games of the University of Tennessee Volunteer football team. A \$3.00 ticket will make somebody very happy. BRADLEY has more. Bring ticket stubs and money to the drawing 23 August 2019.

A trip to Keeneland in Lexington, Kentucky will raise funds for our Optimist Club. Organizer DAN GREEN says it



is a day trip to the races on Sunday 13 October 2019. For \$99 you receive admission to Keeneland, travel via luxurious Gentry coach, snacks, wine, beer and great fellowship. Bus leaves the old K-Mart location on Kingston Pike near West Town Mall at 8:30am and returns to the same location 9:00-10:00pm the same day. Contact DAN GREEN (865) 567-2420 or dan@dangreenrealtor.com

ANNIE LaLONDE presented HENRY NAFF Scholar BRIANNA DEBRO-HALL from Fulton High School. BRIANNA was unable to join us earlier this year. We wish her well in her post-secondary studies.

Mr. and Mrs. IKE SEWELL celebrated 59 years of marriage.

DAN McGehee sponsored and installed ZACH KIPP. Please introduce yourself to ZACH and make the newest member of our club feel welcome.

CHRIS ALBRECHT introduced EDDIE MANNIS as our speaker. CHRIS COX and EDDIE MANNIS

STEVE FOWLER was happy to report that his granddaughter LAUREN has been reported to be cancer free. You may recall that his daughter KAREN told us the story of LAUREN who was diagnosed with cancer in March 2014.

BILL KNIGHT served as Chairman of the day introducing Dr. MIKKI ALLEN.

OUR WEBSITE: www.knoxoptimist.org
FACEBOOK: www.facebook.com/OptimistClubofKnoxville



Promise Yourself

- TO be so strong that nothing can disturb your peace of mind.
- TO talk health, happiness and prosperity to every person you meet.
- TO make all your friends feel that there is something in them.
- TO look at the sunny side of everything and make your optimism come true.
- TO think only of the best, to work only for the best and to expect only the best.
- TO be just as enthusiastic about the success of others as you are about your own.
- TO forget the mistakes of the past and press on to the greater achievements of the future.
- TO wear a cheerful countenance at all times and give every living creature you meet a smile.
- TO give so much time to the improvement of yourself that you have no time to criticize others.
- TO be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.
Christian D. Larson

Optimist Mission Statement

By providing hope and positive vision, Optimists bring out the best in youth, our communities and ourselves.