

Volume 99, Number 26

"Kids grow up with or without Optimism . . . The Choice is Yours."

June 18, 2019



LAST WEEK

FRIDAY 14 JUNE 2019

CHARLOTTE TOLLEY, Executive Director of Nourish Knoxville joined us for lunch and provided a look at her organization. Nourish Knoxville was incorporated in 2013 in order to expand upon the local food work started through the Market Square Farmers' Market, its vendors, staff, and other projects. The Market Square Farmers' Market was started on Market Square in 2004 and grew to be one of the top producer-only farmers' markets in the country. As the market grew, it became apparent that there was no non-profit working on food issues in the Knoxville area. Market director CHARLOTTE TOLLEY convened a group of local-food loving people to become the first board of directors, and they created Nourish Knoxville to take on projects in the Knoxville food shed beyond the farmers' markets.

questions about "Hidden Rivers" and how you can be involved. While there is no admission fee, we will ask for your support to help Freshwater Illustrated, continue their work in helping educate our region. Freshwater Illustrated is a non-profit 501(C)3. The movie is only an hour long.

Rivers" of Southern Appalachia. After the presentation, we will have time to share more information and take

Later that evening, join us at our home, Chris and Vee's, 615 Sunrise Trail, Seymour, TN 37865 for a casual cookout starting at 6:00 p.m.

PLEASE RSVP your plans to attend: lunch, movie and/or the cookout, letting me know which one or more events you plan to attend, by emailing me at ccox65@utk.edu. Please include the name of any guest you plan to bring with you.

CASPER COX FRESHWATERS ILLUSTRATED

THIS WEEK

FRIDAY 21 JUNE 2019

CASPER COX FRESHWATERS ILLUSTRATED

On Friday, June 21, 2019 you are invited to attend one or more of the following special programs featuring the recently released, Freshwater Illustrated, "Hidden Rivers" of Southern Appalachia film.

Please join us for lunch, as my guest, at the Optimist Club of Knoxville, 11:30 a.m. at the Knoxville, World's Fair Park Foundry, for a very special presentation about the making of the film, the significance of the biodiversity of Southern Appalachia, how you can enjoy this remarkable experience firsthand and how we can all help educate future generations about this national treasure. During lunch, our presenter, CASPER COX will share his twenty years of snorkeling experience; enjoying, learning and educating thousands of children while snorkeling the clear streams of East Tennessee and beyond.

We will adjourn promptly at 1:00 p.m. and reconvene in a different room at 1:15 p.m. to present "Hidden

HIDDEN RIVERS DESCRIPTION

Hidden Rivers is a 1-hour film that explores the rivers and streams of the Southern Appalachian region, North America's most biologically rich waters. The film follows the work of conservation biologists and explorers throughout the region, and reveals both the beauty and vulnerability of this aquatic life, and how many people are finding ways to protect it.

Film Trailer: https://vimeo.com/66103145 Website: www.hiddenrivers.org

NEXT WEEK

FRIDAY 28 JUNE 2019

HONOR AMERICAN HEROES

When emergencies happen in our community a network of dedicated professionals respond. They are the dispatchers, firefighters, emergency medical technicians, first responders and rescue specialists. We call them American Heroes. Retired Knoxville Fire Department Assistant Chief (and fellow Optimist) STEVE FOWLER and MICHELE COX are co-chairs for the day and will



Officers 2018-2019 PresidentChris Cox President-Elect.....Ben Goodson Vice President John Kerrigan Vice PresidentDarrin Rhines Secretary Vee Panagakos Treasurer David Harter Sergeant-At-Arms...... Buzz Buswell, Chris Albrecht Past PresidentBeth O'Brien DirectorBradley Pruitt '20 2 Yr Term Director Kelly Pratt '20 2 Yr Term Director..... Melanie Hogg '20 2 Yr Term Director......Chris Albrecht '19 1 Yr Term Director...... Jim Adcock '19 1 Yr Term

Director.....Tom Zuraf '19 1 Yr Term Henry Naff Trustees

Michael Cermak 2019 • Al Stigall 2020 • John Mays 2020 Annie LaLonde 2021 • John Temple 2021

COMMITTEE CHAIRS 2018-2019

Adopt-a-Mile
American Hero of the Year Michele Cox &
Steve Fowler
Angel Tree Sharon Pound
Bulletin Editors Buzz & Donna Buswell
Camp Eagle's Nest Allen Collier & Dan Green
ChaplainJim Adcock
Cheese SalesGwin Harshaw & Glen Weber
Childhood Cancer Chris Albrecht, Kelly Pratt
Christmas Dinner and Haslam Center Party
for Boys & Girls ClubLisa Huber
Community Yard SaleDarrin Rhines &
Vee Panagakos
Dessert Auction Jim Adcock & Brenda Staton
Dorothy Weber "YES" Award
Annie LaLonde
Election Ben Goodson
Essay Contest (OI)Mac Prevost & Beth O'Brien
Finance Committee
FISHBradley Pruitt
Football Time in TN
Fountain City Christmas ParadeBill Gentry
Freaky Friday
Fundraising David LaFratta & Don Lindsey
Induction
Interclub VisitationDavid Harter
Johnny Mauer Day Bruce Duncan & Britt Bowden
Lawn Mower Safety Clinic
Membership Dave Harter & Wayne Mulkey OI Foundation Essie Johnson
Oratorical Contest (OI)Erin Favier
Professional Development Program Annie LaLonde
Photographer
Programs Helen Hewitt,
Don Lindsey, Sharon Pound
Public Relations
Respect For Law Day Bob Gibson
Shoney's Kidcare ID Annie LaLonde
Social
TLCErin Favier
$\label{thm:continuous} \textit{Tri-Star Sports}(OI) \textit{Frank Leuthold \& John Kerrigan}$
Website Administrator Kathryn McCullough
Youth Appreciation Week (OI)John Meade

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604-4443 • 603-0094 evenings & weekends Email: buzztof@comcast.net

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DIME A DAY CAROLYN BLIND DON BLIND **BUZZ BUSWELL** DONNA BUSWELL **ALLEN COLLIER** CHRIS COX DAN GREEN **BOB FREEMAN BEN GOODSON** CINDY HAGAN DAVID HARTER

ESSIE JOHNSON FRANK LEUTHOLD **DENNIS MCBRIDE** PAUL NICHOLS BETH O'BRIEN

NANCY HARTER

JONIDA ROBINSON **BRENDA STATON JOHN TEMPLE GLEN WEBER**

JACQUELINE ZURAF TOM ZURAF

\$100.00 CLUB

ALLEN COLLIER **CHRIS COX BOB FREEMAN BEN GOODSON** CINDY HAGAN **ESSIE JOHNSON DENNIS MCBRIDE** BETH O'BRIEN IONIDA ROBINSON **GLEN WEBER**

\$250 PRESIDENT'S CLUB

ALLEN COLLIER CHRIS COX BEN GOODSON CINDY HAGAN ESSIE IOHNSON DENNIS MCBRIDE RETH O'RRIEN JONIDA ROBINSON

CHRISTIAN D. LARSON PARTNERS 110. BUZZ BUSWELL

142. PAUL H. HARBIN 167. DONNA J. BUSWELL 170. BOB LEONARD 197. ESSIE JOHNSON 291. DAVID C. HARTER 376. MIKE RAGSDALE 383. HARRY D. BRYAN 462. MELINDA BASLER 490. WILLIAM "EARL" WHITE 506. ALLEN COLLIER 528. JONIDA ROBINSON 558. MARIE LEONARD 605. JOHN W. MONTGOMERY 628. ESTEL HAMILTON

704. BETH O'BRIEN

714. CINDY HAGAN

710. CHRIS COX

Contact ESSIE JOHNSON to make your donation for the 2018-19 year

SPONSOR A NEW OPTIMIST 2018-19

DAVID SCATES sponsored by MICHELE COX CHIP FLEEMAN sponsored by DAN MCGEHEE JOYCE TAYLOR sponsored by BUZZ BUSWELL

present the honorees who were nominated by these agencies: Knoxville Fire Department, Knox County Emergency Communications District (E-911), Knox County Rescue, AMR Knoxville Dispatch, and Rural Metro Fire Department.

Saving apartment building residents inside during a heavy fire; dispatching when a high percent of firefighter equipment are on a 3-Alarm fire leaving less to cover the rest of the city; dedicating 40 years of service on a heavy rescue team and mentoring others; being the go-to-person when others seek guidance and always seeking to help in technology; having a positive attitude on every shift and being a hero in daily life to others. You are invited to hear these and more stories of heroism during the Optimist Club of Knoxville's 17th annual American Heroes Awards luncheon. A patriotic theme will be part of the program.

PLAN AHEAD

FRIDAY 5 JULY 2019 - NO MEETING!

Celebrate the birth of a nation this weekend. No Noon meeting of The Optimist club of Knoxville!

FRIDAY 12 JULY 2019

The Shangri La Therapeutic Academy of Riding Executive Director LYNN PETR joins us for a look at "Ride On". Invite a friend and share your Optimism.

STAR serves children and adults from Anderson, Blount, Campbell, Fentress, Knox, Loudon, Jefferson, Monroe, McMinn, Roane, Sevier, and surrounding counties. We work with individuals starting at age four to seniors with physical, mental and neurological disabilities or those considered at-risk. In 2018, STAR served 249 individuals with a total of 4,715 hours of Equine Assisted activities.

CELEBRATE GOOD TIMES

BIRTHDAY		
STEVE FOWLER	06/20	OPTIMIST MAY ANNIVERSARY
		HARRY D BRYAN 1977
ANNIVERSARY		DENNIS McBRIDE 1983
IANNIVERDARI		JOHN MAYS 1984
BILL GENTRY	06/15	BOB FREEMAN 1991
KIM GENTRY	06/15	WILL BREWER 2015
CRAIG LEUTHOLD	06/16	
		JOHN KERRIGAN 2015
DENEEN PRUITT	06/16	TOM ZURAF 2017
LONNY PRUITT	06/16	VEE PANAGAKOS 2017 2015
JIM ADCOCK	06/17	VEL 1711 (1071103 2017 2013

DID YOU KNOW?

The most current issue of The Sunny Side is located on your club's 'award winning' website. Not only that, you can check out past issues as well! All of this is thanks to KATHRYN McCULLOUGH, our webmaster. Go to www. knoxoptimist.org and click on "NEWSLETTERS" on the upper right margin.

PICS

CHARLOTTE TOLLEY, Executive Director of Nourish Knoxville joined us for lunch and provided a look at her organization. BRADLEY PRUITT did double duty this week serving as Chairman of the Day and Presiding Officer in the stead of President CHRIS COX who is visiting the "land of lobstah".

THURSDAY 21 FEBRUARY 2019

Social Chairman JOHN TEMPLE announced that our June event will be held on Wednesday 26 June 2019 at K-Town Tavern, 320 North Peters Road, Knoxville, TN 37922 beginning at 5:30 and ending when they run out of

Chivas – or the last Optimist decides to leave – whichever comes first!

Fellow Angel Tree Reindeer BUZZ and DENNIS McBRIDE reminisce about having to carry tons of gifts uphill in the snow barefooted. - (or maybe BUZZ was so happy to see DENNIS that he just had to wish him a FINE day!)

ANNIE LaLONDE says, "It is hard to believe but SHONEY'S KidCare Photo ID is really just around the corner! Save the dates. Saturday 27 July 11AM to 5PM at West Town Mall; Sunday 28 July 12 NOON to 6PM Foothills Mall, Center Stage and Monday 5 August 3PM to 6PM School Mania, Jacob Building, 3301 Magnolia Avenue.

CHRIS ALBRECHT (in his role as nice guy) clues everyone in on a great opportunity!
A \$5 donation to the Optimist Club of Knoxville's Childhood Cancer Campaign will get you a ticket in our 2nd Annual **Luxury Weekend drawing that includes:**

• 2 Nights stay in a premier King Guest Room at the fabulous Tennessean Hotel, Knoxville's Personal Luxury Hotel... A value of over \$500!

• Your stay will include Breakfast for 2 in the Drawing Room, a \$75 value. Complimentary Valet Parking, a \$40 value. ...But wait, it gets even better!

• The prize package will include a \$100 gift certificate at Ruth's Chris Steakhouse, AND a \$50 gift certificate at Lonesome Dove Restaurant in the Old City, AND a gift certificate to Chesapeake's Seafood Restaurant!

All that for a \$5 donation. But of course, you can purchase as many tickets as your heart desires, increasing your chance to win this fabulous prize package. You can take tickets to sell to your friends, neighbors, and co-workers. Think about it, every dollar brings us closer to a cure for childhood cancer.



INTRODUCING **FUTURE OPTIMIST** MINOR VANCE KERRIGAN BORN JUNE 11, 2019



OPTIMIST PARENTS JOHN & DENTON KERRIGAN

OUR WEBSITE: www.knoxoptimist.org

Check out the website link for more pictures

FACEBOOK: www.facebook.com/OptimistClubofKnoxville





Promise Yourself

- TO be so strong that nothing can disturb your peace of mind.
- TO talk health, happiness and prosperity to every person you
- TO make all your friends feel that there is something in them.
- TO look at the sunny side of everything and make your optimism come true.
- TO think only of the best, to work only for the best and to expect only the best.
- TO be just as enthusiastic about the success of others as you are about your own.
- TO forget the mistakes of the past and press on to the greater achievements of the future.
- TO wear a cheerful countenance at all times and give every living creature you meet a smile.
- give so much time to the improvement of yourself that you have no time to criticize others.
- TO be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

Christian D. Larson

Optimist Mission Statement

By providing hope and positive vision, Optimists bring out the best in youth, our communities and ourselves.